

CONTACT TRACING: A GUIDE FOR PARENTS



SOMEONE AT MY CHILD'S SCHOOL HAS COVID-19. NOW WHAT?

When someone within the school tests positive, the local health department will coordinate with school officials to determine all **close contacts** of the infected person.

SIT TIGHT, WE WILL CALL YOU!

The local health department will contact you if your child has been in close contact with the infected person. A **close contact** is anyone who was within 6 feet of the infected person for at least 15 minutes.



KEEP YOUR CHILD AT HOME

If your child is a close contact, he/she will be asked to self-quarantine for 14 days from the last point of contact with the infected person. Only your child is a close contact; this means you and others in your home **are not** required to quarantine.

YOU'RE NOT ALONE

A **contact tracer** from the local health department will frequently call and check in with your family throughout the 14 day quarantine period to monitor your child's health. Your contact tracer will answer any quarantine questions and will release your child from quarantine at the end of the 14 days.



MONITOR YOUR CHILD'S HEALTH

Take your child's temperature twice a day and watch for any symptoms of COVID-19 including: fever, chills, cough, shortness of breath, difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, or diarrhea.

MY CHILD HAS DEVELOPED SYMPTOMS. WHAT SHOULD I DO?

Immediately notify your local health department and contact your primary care physician. Your primary care physician will determine if your child should be tested for COVID-19.



WEAR YOUR MASK & PRACTICE SOCIAL DISTANCING. TEACH YOUR KIDS TO DO THE SAME!